

# ABOUT

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THE YOUTH CRISIS RESPITE HOUSE IS A PROGRAM PROVIDED BY KLARAS CENTER FOR FAMILIES, THE CHILD AND ADOLESCENT DIVISION OF HEART OF TEXAS REGION MHMR



**WE ARE A 6 BED FACILITY** THAT PROVIDES SHORT TERM, COMPREHENSIVE, AND TRAUMA-SENSITIVE SERVICES.

YCRH IS DESIGNED TO DECREASE THE NEED FOR MORE INTENSIVE INTERVENTIONS SUCH AS: PSYCHIATRIC HOSPITALIZATION, THE USE OF THE EMERGENCY ROOM FOR NON-MEDICAL EMERGENCY CARE, AND THE USE OF JUVENILE DETENTION WHEN INAPPROPRIATE.

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## ELIGIBILITY

- Ages 13-17
  - Youth experiencing behavioral health crisis
  - Homeless, runaway, or trafficked youth
  - No intent for imminent danger to self or others
  - Voluntary services
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Here to listen. Here to help.

Call: 1-800-RUNAWAY  
Click: 1800RUNAWAY.org  
Text: 66008

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**“THROUGH CARING  
RELATIONSHIPS  
AND A COMMITMENT  
TO SERVICE, WE  
EMPOWER CHILDREN  
AND FAMILIES TO  
IMPROVE THE QUALITY  
OF THEIR LIVES”**

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## CONTACT

Admission is through a referral process. For more information, contact **Kelli Guerrero**, Youth Crisis Respite House Director  
[Kelli.Guerrero@hotrmhmr.org](mailto:Kelli.Guerrero@hotrmhmr.org)

# YOUTH CRISIS RESPITE HOUSE

**KLARAS CENTER FOR FAMILIES**

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## RESPITE SERVICES

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Activities and services include, but are not limited to:

- Academics
- Case management
- Development of life skills
- Development of social skills and coping skills through art and group activities
- Family counseling
- Family partner services
- Individual counseling
- Medication training and support
- Peer services

## SERVICE AREA

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We serve the six counties within the Heart of Texas Region:



McLennan, Bosque, Hill, Falls, Limestone, Freestone

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## SAFETY NET PROGRAM

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A community-based program designed to meet the immediate needs of **runaway, homeless, and trafficked youth and their families.**

We seek to reunite youth with their families, whenever possible, or to locate appropriate alternative placements.

## SAFETY NET SERVICES

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- Emergency shelter for up to 21 days (ages 13-17)
- Food, clothing, and referrals for health care
- Trauma-informed individual, group, or family counseling
- Outreach to youth who may need assistance
- Aftercare services for youth after they leave the Youth Crisis Respite House